

AVE MARIA



**A Religious Experience
For Young Girls**

AVE MARIA

REVISED EDITION

Catholic Committee on Scouting

Archdiocese of Santa Fe

Albuquerque, New Mexico

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Special thanks:

C.D. Sheppard, Sheilah Daniel, Josie Salter, Leo Bressan,
Pamela Sheets, Fred Unsworth, Cindy Kadjer, Dolores Muniz,
JoAnn Brennan, Deacon David Little

Archdiocesan Review:

Very Reverend Timothy Martinez, Chancellor
Bernadette Jaramillo, Director, Youth & Young Adult Ministry

AVE MARIA

Activity book

INTRODUCTION

"AVE MARIA" is the official religious recognition program of the Catholic Committee on Scouting, Archdiocese of Santa Fe, designed for Second and Third Grade students. The program is designed to enable young girls, who are registered Girl Scouts, Camp Fire Girls, etc., to learn more about their faith.

The purpose of this award is to help the young girl become aware of herself, her neighbor, and her own relationship with God.

Be a Discoverer

Be a Ready Helper

Be a Friend Maker

Ave Maria

The primary purpose of the program is to serve girls of the Catholic faith, but if a non-Catholic desires to participate, she may do so with the permission of her parents. A most important dimension in the "AVE MARIA" award program is the guidance and help of her parents/guardians.

When the child has completed the book, please complete the Application Form, which appears at the end of the workbook, and send the entire workbook and fees to the Catholic Committee on Scouting by **APRIL 1**. The Ave Maria Medal is then presented to the children who have successfully completed the program as a reminder of their experience.

PART 1. BE A DISCOVERER

1. Read this story or the full version in the Bible (Genesis 1:1-30, 2:1-4).

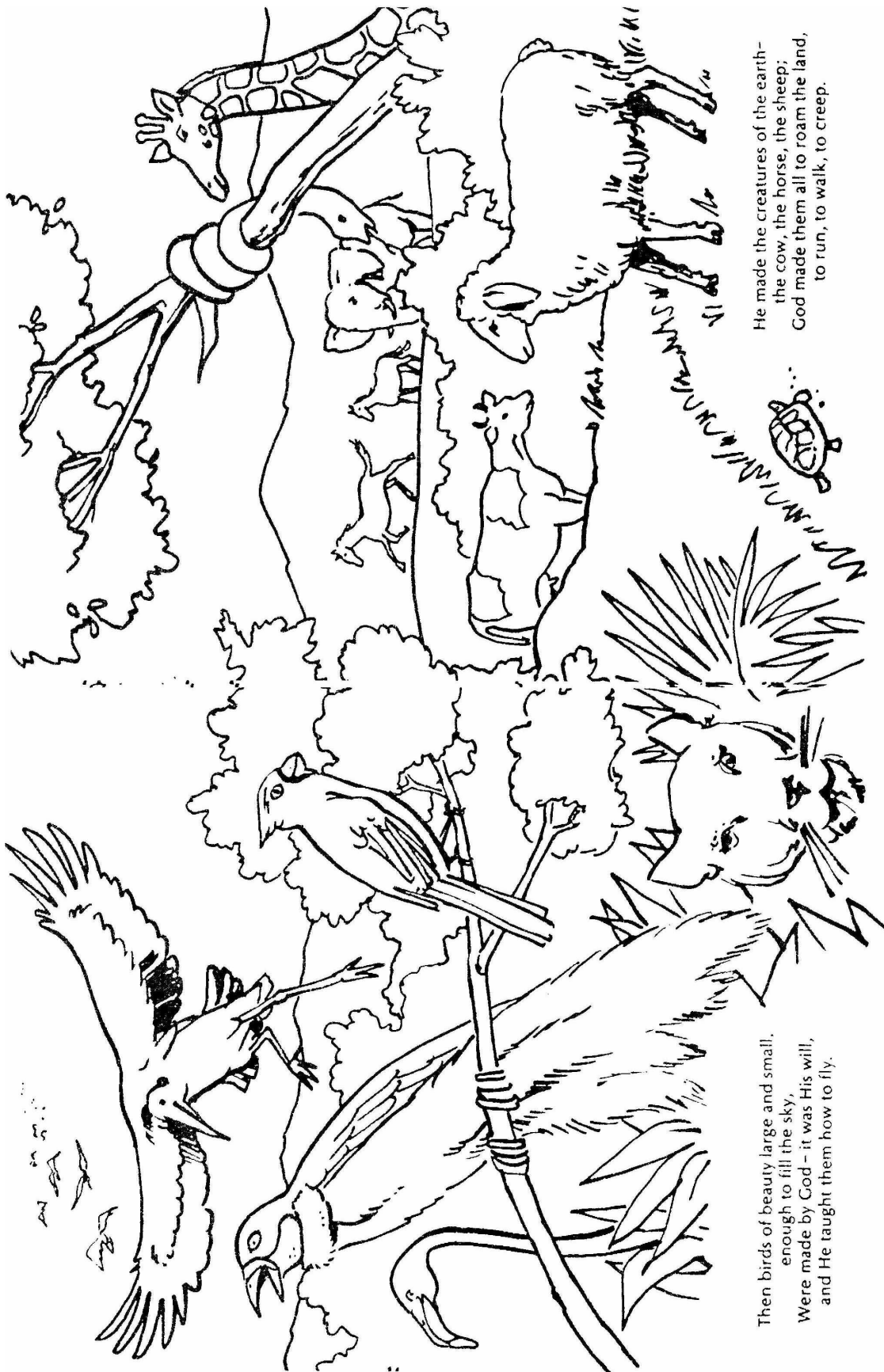
The Story of Creation

In the beginning, God spoke into the darkness. God said, "Let there be light," and there was light. God saw how good the light was. Then God made the sky. God gathered up the waters below the sky into seas and oceans. Dry land appeared. God called the dry land "earth". And God was pleased. Then God said, "Let the earth bring forth plants and flowers and trees." And the earth was filled with life and colors, with fruits and grains. God saw how good it was. Then God set the sun in the sky to give light by day, and the moon and the stars to shine upon night. Again, He saw how good it was. Then God said, "let the waters be filled with creatures, and let birds fly in the sky." And so there were fish and birds of all kinds. God looked at them with pleasure and blessed them all. Then God said, "Let the earth be filled with every kind of animal." Then animals, both wild and tame, large and small, began to move over the earth. And God saw how good it was. Finally, God said, "Let us make human beings in our own image and likeness to rule over the earth, the skies, and the seas." So He made man and woman who were made in the very image of God. God blessed the woman and man and told them, "Have children who will live all over the earth. I am giving you and your children the whole world to care for, to use, and to enjoy." God looked at everything. He saw that it was all very good. So God rested from all the work he had done.

(Based on Genesis 1:1-30, 2:1-4)

Understanding the Message

The Bible tells us that God creates everything and makes people in God's own image. All that God creates is good. The world is God's gift to us. God gave us the world to enjoy, to care for, and to use with respect. We are responsible for all living beings and our environment. God's presence and goodness are all around us and within us. Christians call God's loving presence in our lives **grace**.



He made the creatures of the earth—
the cow, the horse, the sheep;
God made them all to roam the land,
to run, to walk, to creep.

Then birds of beauty large and small,
enough to fill the sky,
Were made by God – it was His will,
and He taught them how to fly.

2. With your parents, make a list of religious articles in your home and their locations. (Be sure to include the location of the family Bible, crosses or crucifixes, your rosary beads, your baptismal certificate, picture books about the saints, and other important religious items. See if you can locate a religious article in every room of the house.)

3. Have an adult give you a tour of your church or a shrine. Make sure they explain things that you don't know about. Write about one thing you talked about or learned from the tour. **Optional activity:** Visit another Catholic church or parish than you usually attend. See if you can locate similar items found in your own parish. See if you can collect a parish bulletin as a souvenir from your visit to another parish.

4. There are many images of the Blessed Virgin Mary. Take a photograph, draw a picture or find a picture of Mary. Paste it below.

PART 2. BE A READY HELPER

1. With your parents, read The Sermon on the Mount (Matthew 5:1-12)

“When Jesus saw the crowds, he went up on the mountainside. After he had sat down, his disciples gathered around him, and he began to teach them:

How blessed are the Poor in Spirit; the reign of God is theirs.

Blessed too are the Sorrowing; they shall be consoled.

Blessed are the Lowly; they shall inherit the land.

Blessed are they who hunger and thirst for Holiness; they shall have their fill.

Blessed are they who show mercy; mercy shall be theirs.

Blessed are the single-hearted, for they shall see God.

Blessed too are the Peacemakers; they shall be called the sons of God.

Blessed are those who are persecuted for holiness' sake; the reign of God is theirs.

Blessed are you when they insult you and persecute you, and utter every kind of slander against you because of me.

Be glad and rejoice! For your reward in Heaven is great.”

2. Talk about these “Beatitudes” with your parents/guardian. Write what you have learned.

3. Make something useful (cards for older people, Meals on Wheels, tray favors, etc.) for a hospital or nursing home. Take them there. Write below about where you took them.

Draw a picture or place a photograph of what you did below.

4. Here's a way you can be a helper: Make two toys, or collect four good ones for a child-caring institute, such as a hospital children's ward, a pre-school, or kindergarten. Donate the toys. Write below what the toys were, or draw a picture or paste a photograph of them here.

PART 3. BE A FRIEND MAKER

1. With your parents read these stories of the lives of Saint Elizabeth Ann Seton, Saint Cecilia, and Saint Frances of Rome. Then color the pictures of each saint.

SAINT ELIZABETH ANN SETON (January 4)

Born in New York City, August 28, 1774, Elizabeth lost her mother early, and her education became the concern of her father.

At nineteen, Elizabeth married William Magee Seton of New York. Five children were born of their happy union. After her husband's death, the Filicchi, life-long friends, welcomed the grieving widow to their home in Italy.

Elizabeth returned to New York in 1804 and entered the Catholic Church on March 14, 1805. She accepted an invitation from Archbishop Carroll to establish a girls school in Baltimore. Several women joined her in religious life, and she became known as "Mother Seton". They were known as Sisters of Charity and lived in Emmitsburg.

A school, opened for the children of the parish, was the first parochial school in the United States. Elizabeth died on January 4, 1821. In 1963, she became the first American-born citizen to be beatified and on September 14, 1975, she was canonized by Pope Paul VI.

SAINT CECILIA (November 22)

Cecilia was a member of a noble family of Rome and a follower of Christ. Her parents forced her to marry a nobleman named Valerian. In the evening of her wedding day, with the music of the marriage feast ringing in her ears, Cecilia renewed the vow by which she consecrated her virginity to God. "Pure be my heart and undefiled my body; for I have a spouse you do not know, an angel of my Lord." This is why she is honored as a patron of music.

Cecilia converted her husband to the Faith of Christ. Because he helped Cecilia in her charity toward the poor, he was put to death. Cecilia refused to sacrifice to the gods. The judge condemned her to be smothered by steam. But God protected Cecilia. Then the judge ordered a soldier to kill her with a sword. He struck her three times, but did not cut off her head. She fell down, badly wounded, and for three

days she remained alive. She gave her property to the holy Bishop Urban for the use of the Church, and received the sacrament of Holy Communion before she died. This happened in 117.

Cecilia was buried in the catacombs. Her grave was discovered in 817, and her body was placed in the church of St. Cecilia of Rome. In 1599, when her tomb was opened her body was incorrupt.

SAINT FRANCES OF ROME (MARCH 9)

St. Frances of Rome had a youthful desire to enter religion, but at her father's wish she married, at the age of twelve, Lorenzo de' Ponziani. She won away many Roman ladies from a life of frivolity, and united them in an association of oblates attached to the White Benedictine monastery of Santa Maria Nuova; later they became the Benedictine Oblate Congregation of Tor di Specchi. Its members led the life of religious, but without the strict cloister or formal vows, and gave themselves up to prayer and good works. With her husband's consent Frances practiced contingency, and advanced in a life of contemplation. Her visions often assumed the form of drama enacted for her by heavenly personages. She had the gift of miracles and ecstasy, as well as the bodily vision of her guardian angel, had revelations concerning purgatory and hell, and foretold the ending of the Western Schism. She could read the secrets of consciences and detect plots of diabolical origin. She was remarkable for her humility and detachment, her obedience and patience, exemplified on the occasion of her husband's banishment.

On the death of her husband, she retired among her oblates at Tor di Specchi, seeking admission for charity's sake, and was made superior. On the occasion of a visit to her son, she fell ill and died on the day she had foretold.

St. Elizabeth Ann Seton



January 4

My Prayer

O Father, the first rule of Our dear Savior's life was to do Your Will. Let His Will of the present moment be the first rule of our daily life and work, with no other desire but for its most full and complete accomplishment. Help us to follow it faithfully, so that doing what You wish we will be pleasing to You. Amen.

SAINT CECILIA

wanted to spend her whole life in praise of God because she loved Jesus with all her heart. She is the patroness of music and musicians.



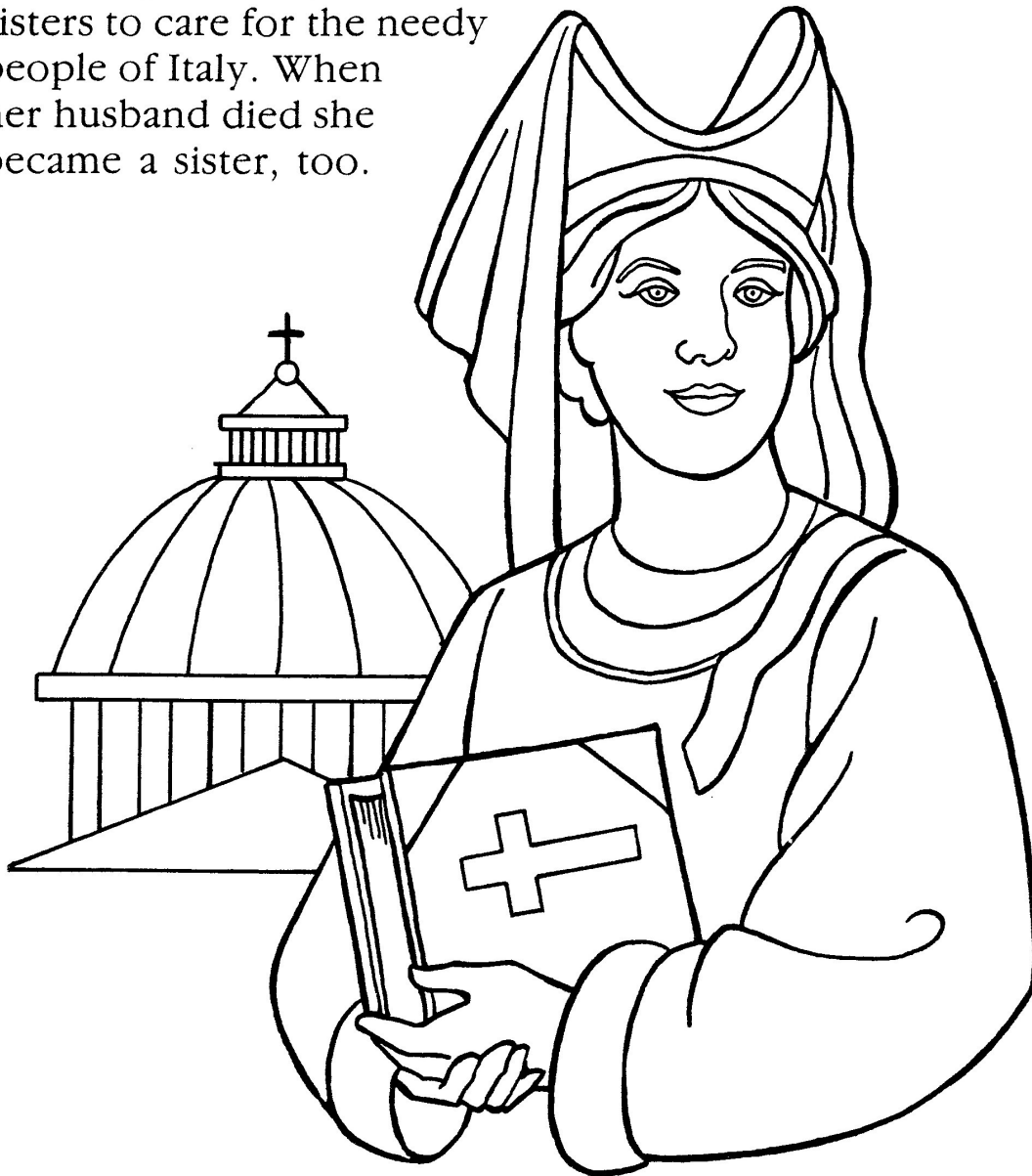
November 22

My Prayer

I love you, God, with all my heart. Let all my kind words and actions be like a song to you. Amen.

SAINT FRANCES OF ROME

called together a group of sisters to care for the needy people of Italy. When her husband died she became a sister, too.



March 9

My Prayer

I want to be kind and loving like Frances was, God. Help me to serve you in all of my life. Amen.

3. Do something nice for a friend at school. Try this for one week. Draw a picture below, and write a short explanation about what you did for your friend.

PART 4. AVE MARIA

1. You are working on the "Ave Maria" Award. The "Ave Maria" is the beautiful greeting of the Angel Gabriel to Mary, who was to become the Blessed Mother of our Lord! "Ave Maria" are the first words to a very famous prayer that all Catholics should know. Do you know what the words, "Ave Maria" mean?

What language is that?

2. There is a wonderful story about God's love for us in the New Testament of the Bible. It is the story of the Annunciation. Look up this story in the Bible. With your parents read the story. (Luke 1:26-28)

3. The Rosary is one of the best prayers we have. Its origin is traditionally connected with St. Dominic in Spain in the 13th century. One day, the Blessed Virgin appeared to him holding a Rosary in her hand. She told him that the Rosary was a precious gift which she would leave and would obtain graces from God and help sinners to change.

Later, in 1858, Mary appeared 18 times to St. Bernadette at Lourdes, in France. A white Rosary hung from her arm. She was the Immaculate Conception.

On May 13, 1917, the Blessed Virgin appeared to 3 shepherd children at Fatima, in Portugal. Again, the white rosary hung from her hand. She asked them to return on the 13th day of each month until October. On October 13, she told the children she was the "Lady of the Rosary" and said that people must pray the rosary.

The Rosary is a special way of praying to God that honors Mary, the Mother of Jesus. The Rosary calls to mind the most important events in the lives of Jesus and Mary. Pray the Rosary with your parents. These events are called Mysteries and are divided into four groups. They are:

The Joyful Mysteries

(Said on Mondays, Saturdays, Sundays of Advent, and Sundays from Epiphany until Lent)

The Annunciation

The Visitation

The Birth of the Child Jesus

The Presentation of Jesus in the Temple

The Finding of Jesus in the Temple

The Luminous Mysteries

(Said on Thursdays throughout the year)

The Baptism of Jesus

The Wedding Feast of Cana

The Proclamation of the Kingdom

The Transfiguration

The Institution of the Eucharist

The Sorrowful Mysteries

(Said on Tuesdays, Fridays, and daily from Ash Wednesday until Easter Sunday)

The Agony of Jesus in the Garden
The Scourging of Jesus at the Pillar
The Crowning of Jesus with Thorns
Jesus Carries His Heavy Cross
The Crucifixion and Death of Jesus

The Glorious Mysteries

(Said on Wednesdays, and Sundays throughout the year)

The Resurrection of Jesus
The Ascension of Jesus into Heaven
The Descent of the Holy Spirit
Assumption of the Blessed Virgin Mary
Crowning of the Blessed Virgin Mary

THE PRAYERS OF THE ROSARY

The Sign of the Cross

In the name of the Father, and of the son, and of the Holy Spirit. Amen.

The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, Who are in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace! The Lord is with thee; blessed are thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

The Glory Be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

AFTER THE ROSARY

Hail, Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness, and our hope; to you do we cry, poor banished children of Eve; to you do we send of our sighs, mourning and weeping in this vale of tears. Turn, them, most gracious advocate, your eyes of mercy toward us, and after this our exile show unto us this blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary!

Pray for us, O holy Mother of God!

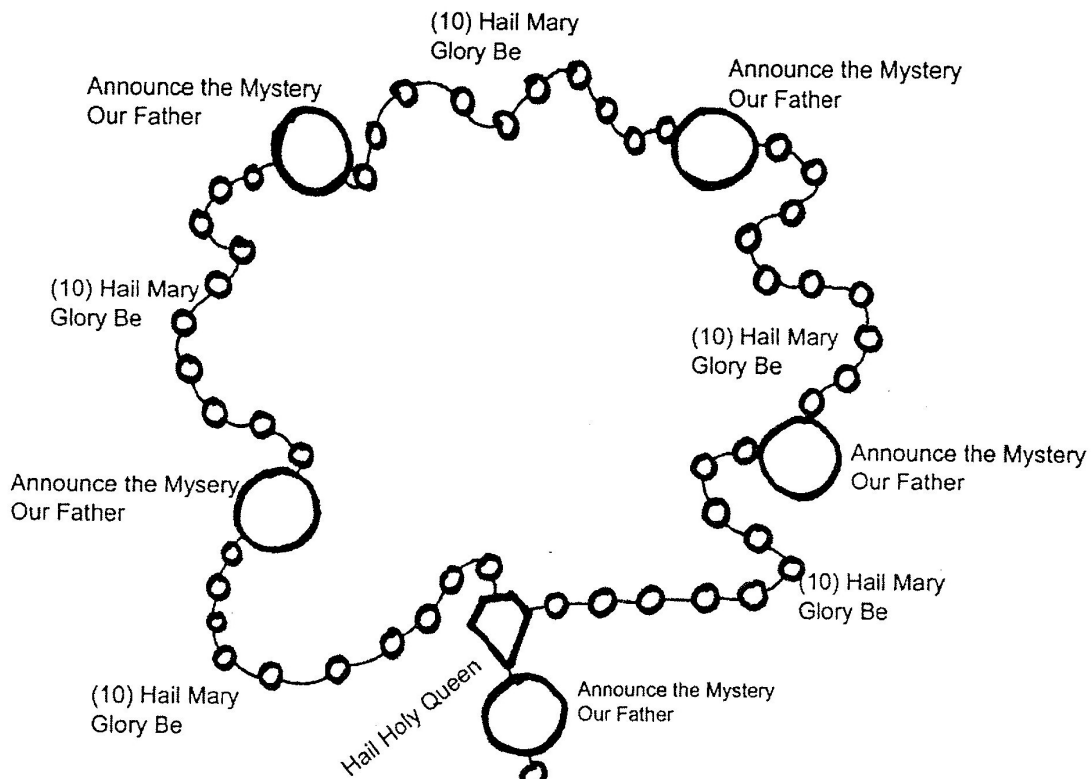
That we may be made worthy of the promises of Christ.

Let us pray

O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life, grant, we ask you, that, meditating upon these Mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Color and Pray the Rosary
Celebrating Our Catholic Faith

Color and Pray



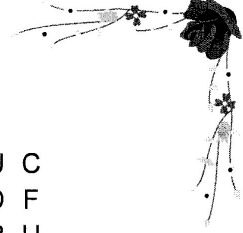
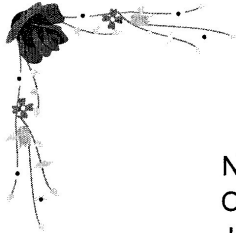
Holy

Rosary



Sign of the Cross
Apostles' Creed

4. Below is an "Ave Maria" word search. All of the words are part of the Rosary.



Ave Maria

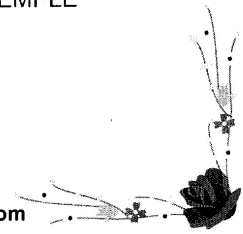
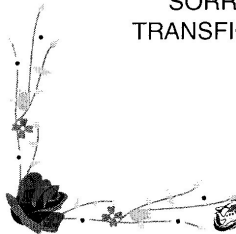
N T H G I L R E S U R R E C T I O N U C
 O J E S U S Y L O H G N I N W O R C D F
 I L S U O N I M U L O H X M O T H E R U
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 F S A A X S B A P T I S M M A R I A Z O
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 E I J X J G L O R I O U S R E R S O E M
 A N N U N C I A T I O N E K M Y W C P E
 A D J J Y R A M S S O R C D P A G S A J
 E C A R G R A M C A N A S P L F A N V W
 N N O I T A M A L C O R P X E H X S E J
 S U K Z T V O G L O R Y Y R A S O R G J

Find These Words:

AGONY
 ASSUMPTION
 CANA
 CROSS
 EUCHARIST
 GRACE
 JESUS
 LIGHT
 MARY
 NATIVITY
 RESURRECTION
 SORROWFUL
 TRANSFIGURATION

ANNUNCIATION
 AVE
 CORONATION
 CROWNING
 GLORIOUS
 GUADALUPE
 JOSEPH
 LUMINOUS
 MOTHER
 PRESENTATION
 ROSARY
 SPIRIT
 VISITATION

ASCENSION
 BAPTISM
 CREED
 CRUCIFIXION
 GLORY
 HOLY
 JOYFUL
 MARIA
 MYSTERIES
 PROCLAMATION
 SCOURGING
 TEMPLE



5. What do you think Mary was like as a child your age? Describe some of the things she probably did to help at home.

Application for the Ave Maria Medal

PLEASE FORWARD THE COMPLETED APPLICATION WITH BOOK AND FEE TO:

Catholic Committee on Scouting
c/o Mr. Fred Unsworth
9916 Brunswick Pl. NW
Albuquerque, NM 87114

Name _____ Age _____ Troop _____

Address _____

City _____ State _____ Zip Code _____

Phone _____ Home Parish _____

Signature of Applicant

Signature of Parent/Guardian

Signature of Troop Leader/Adult Advisor

Signature of Parish Designate

I recommend the AVE MARIA MEDAL be presented to the above named individual.

Archdiocese Scout Chaplain/Designate

Date application received _____

Amount of fee received _____

Date of Presentation _____